

## REGISTRATION.

Use this form or register online by emailing:  
namaste@dharmakshetrayoga.com

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Email: \_\_\_\_\_

Investment: \_\_\_\$395

\_\_\_\$345 Early Bird by 3/24/24

Payment method: check \_\_\_\_\_  
(make checks to "Dharma Kshetra Yoga")

credit card \_\_\_ Zelle \_\_\_  
(we will invoice you through PayPal)

**Refund Policy:** A \$60 non-refundable processing fee applies to each person registering. All requests for refund of remaining fees must be in writing and must be RECEIVED (not postmarked) 7 days before the course begins. No refunds thereafter. Refunds will be given as credit toward future Dharma Kshetra Yoga courses. Refunds or credit will not be given for late arrival, unattended events, early departure, or no-shows.

## YOUR INSTRUCTORS.

**Atmadarshan Laura Santoro** teaches in Cleveland, Ohio and internationally on a variety of topics, including the *Bhagavad Gita*. Her humor and inspirational storytelling makes its ancient wisdom accessible to modern students. Atmadarshan has published *The Song of Your Soul* series, original translations and commentaries on the *Gita*.

**Nityatara Cathy Prescott** has been practicing yoga over 40 years and teaching for over 20 years. She has an extensive background in therapeutic Yoga, Ayurveda, Mudras and more. She loves supporting students on their personal yoga journeys.

## THE VENUE.

Attend this year's program online OR at Manasarovar, a private residence in the greater Cleveland area. The venue features a full kitchen, space for classes to be held outside (weather permitting), and plenty of room to relax and reflect. Out of town guests are invited to contact us for housing options.

Group size is limited to ensure more personal interaction with the teaching staff. Space is available on a first-paid basis. Your instructors can be booked for private sessions before or after the retreat - inquire for more information.

CEUs for yoga teachers are available.

*Art courtesy of The Bhaktivedanta Book Trust International, Inc., krishna.com.*

*The 14th Annual Retreat!*

# WILL I EVER BE GOOD ENOUGH?

*Chapter 13 of the Bhagavad Gita*

**May 24-26, 2024**



Presented by  
Dharma Kshetra Yoga

216-245-7425

welcomingdestiny.com



**Do you ever wonder when you will have enough, know enough, experience enough, BE enough to accept yourself?**

Do you consider yourself successful? What is success, anyway? Do you ever have the feeling that there is still something left to do?

Prince Arjuna is hailed throughout the world as the best warrior anyone could ever hope to be. So why isn't he content, or happy, or confident? What more does he need to be satisfied? His wise, beloved friend Krishna shares the answers to these questions - and more.

If you are looking for guidance, connection, and support, you'll find it in this very special retreat. Through story, discussion and practice, you'll discover timeless wisdom, an amazing community of participants - and your deepest Self.

Your weekend will include personal access to your teachers, delicious vegetarian meals, special gifts to take home, and more. **All are welcome** - and you don't need to have read the *Bhagavad Gita* to participate fully!

*Yoga Alliance CEUs and certificates of completion available on request.*

### Friday

7-8:30p **Introduction to the *Gita***

### Saturday

7-8:00a **Morning Yoga Class** (optional)

8-9:00a Breakfast (optional)

9-10:30a **Review of Chapters 1-12:**

**What Use is All of This Knowledge?**

10:30a Tea Break

11-12:30p **Chapter 13: What Do I Really Need to Know?**

12:30-2p Lunch & Reflection Time

2-3:30p **The Secret of Endless Life**

3:30p Tea Break

4-4:30p Havan preparation (optional)

4:30-6p **Havan & Kirtan** (optional)

6-7:00p Dinner (optional)

7-7:30p **Evening Program** (optional)

### Sunday

7-8:00a **Morning Yoga Class** (optional)

8-9:00a Breakfast (optional)

9-10:30a **Why is There Pain in the World?**

10:30a Tea Break

11-12:30p **The Eyes of Knowledge:**

**Questions & Final Meditation**

Please complete the Registration Form (on reverse) and the Waiver online or below. If using this form, you may mail it to Dharma Kshetra Yoga, 1711 Oakmount Road, South Euclid, OH 44121, or scan / take a photo & email to [namaste@dharmakshetrayoga.com](mailto:namaste@dharmakshetrayoga.com).

Waiver of Liability: I understand that there are serious inherent risks with all physical activity, and that when doing yoga or engaging in any similarly strenuous pursuit, I may suffer minor or serious injury. I understand these risks, and assume responsibility for my own health, releasing Dharma Kshetra Yoga, LLC, & all their staff and volunteers from any liability. I further understand that I will be required to fill out a health questionnaire and disclose forms of treatment I am currently undergoing. I have read the waiver of liability above and the refund policy on the reverse and agree to the stated terms.

Print Name:

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Signature:

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Date: \_\_\_\_\_

*Programming may be subject to change.*